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A Village on the Move

CRESTWOOD ADVISER



Local artist and photographer, Kathie Rush Shares her amazing photos from Crestwood

When we moved to Crestwood 27 years ago, one of the things we liked most about our house on Sandra Lane, was that our backyard backed up to the forest preserve. It was a perfect place to raise our four kids, and over the years we've grown accustomed to seeing deer, coyote, and the many bird species that visit our feeders. Until recently we had beautiful, natural gardens, which provided a haven for all types of delightful birds, butterflies and insects. This is where my interest in photography was born. When I would come across some new creature that I couldn't identify, I would photograph it and look it up to get more information. I never

knew what I would find, and anticipated each new discovery. Since then, I've taken thousands of photographs of birds, hawks, owls, and whatever else I'm fortunate enough to come across. In reference to the quote from Eleanor Duse, I encourage everyone to step outside, observe, be aware, wake up your soul! You'll be amazed at what you can find right outside your own back door.

I enjoy painting, drawing, and nature photography, and have been working at Tinley Park High School for 9 years as an educational assistant in the Special Ed department.



"If the sight of the blue skies fills you with joy, if a blade of grass springing up in the fields has power to move you, if the simple things of nature have a message that you understand, rejoice, for your soul is alive." - Eleanor Duse



Foods for Birds in Winter

Most birds that visit backyards in snowy weather thrive on seeds, since insects and fruit are harder to find naturally during the winter. The best foods to offer birds in colder weather have a high fat or oil content that will provide abundant energy for winter survival. Nutritious winter foods for birds include:

- Black oil sunflower seed
- Hulled peanuts
- Niger seed
- Suet mixes with seeds or fruit
- Peanut butter
- White millet seed

When choosing birdseed and other foods for winter feeding, take into consideration which bird species are present in the winter and what foods they prefer to avoid excess wasted seed. Many birders also prefer to use no-mess seed mixes such as hulled sunflower seeds in the winter to avoid several months' of hull accumulation beneath feeders in the spring.



Illustration. By Scott Lukens. Fall feeding strategies. Mon. 31 Oct. 2011. <<http://backyardbirdshop.com/>>.





Village Hall

13840 Cicero Avenue
Phone. 708.371.4800

Be sure to visit the Village website at:
www.Villageofcrestwoodil.gov

MAYOR	Lou Presta <i>Presta.L@Villageofcrestwoodil.gov</i>
CLERK	Jeannette O'Donnell <i>O'Donnell.J@Villageofcrestwoodil.gov</i>
TRUSTEES	Theresa Flynn e-mail: <i>Flynn.T@Villageofcrestwoodil.gov</i>
	John Z. Toscas e-mail: <i>Toscas.J@Villageofcrestwoodil.gov</i>
	Daniel Jurka, Sr. e-mail: <i>Jurka.D@Villageofcrestwoodil.gov</i>
	Anthony J. Benigno e-mail: <i>Benigno.A@Villageofcrestwoodil.gov</i>
	William B. Pieroth e-mail: <i>Pieroth.W@Villageofcrestwoodil.gov</i>
	Linda M. Madlener e-mail: <i>Madlener.L@Villageofcrestwoodil.gov</i>
EDITOR IN CHIEF	Bill Graffeo <i>Graffeo.B@Villageofcrestwoodil.gov</i>

Publishing & Advertising

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Fanning Communications, Inc.
4701 Midlothian Turnpike — Suite 4
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For Editorial and Advertising Inquiries:

Phone. 708.926.2754
Fax. 708.293.1432

Website. www.fanningcommunications.com

Publication Staff:

Managing Editor	John J. Fanning
Editor/Graphic Designer	DeAnna Clark
Editor/Graphic Designer	Joseph F. Lindsay III
Marketing/Sales	Laura Brown
Accounting/Billing	Jan Klos
Web Developer	Joseph Neathawk

The Crestwood Adviser is dedicated to presenting as much as it can about the Village of Crestwood so that the community can have the information it needs to strengthen and enrich the community of Crestwood.

Our goal is to report the news as fully, fairly and as accurately as possible. Your comments and suggestions are encouraged, by phone or in writing, whether or not you wish such letters to be published.

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VILLAGE NOTICE

Once again, we want to remind citizens that a Crestwood Village ordinance prohibits parking on any village street between 2:00 a.m. and 6:00 a.m. The reason for this ordinance is so Police will be alerted to abandoned vehicles or suspicious vehicles that require investigation. This ordinance also ensures that all streets throughout the Village will be open to fire and rescue equipment in the event of an overnight emergency. This is especially necessary in areas where narrow streets can block large fire trucks.



In the past, police investigating parked vehicles have occasionally determined that they belong to residents and have not issued a citation unless a complaint was made by a resident. This practice of not issuing citations to residents has been stopped and all illegally parked vehicles.

This change in policy is the result of requests by residents to eliminate inconsistency in the way citations may have been issued in the past. Most importantly, however, this policy change is to ensure that every citizen of the Village can sleep at home secure in knowing that in an emergency, help will arrive in a timely manner.

The initial fine for violation of the parking ordinance is \$75.00. This is a Village wide ordinance. Please be sure that your late night and overnight guests are made aware of this as well.

Since this ordinance was issued, it appears that we have achieved near 100% compliance. You may have noticed additional signs have been posted throughout the Village. We appreciate the cooperation of all residents and businesses in the Village of Crestwood. We will continue to enforce this ordinance.

2014 VEHICLE STICKER APPLICATION UPDATE

Vehicle sticker applications for 2014 were mailed to residents between November 18th and 26th. Please note that 2014 stickers do not go on sale until December 2, 2013. Owners of multiple vehicles need to wait until they receive all applications before coming into village to purchase their stickers.

DRIVERS BE ALERT!

Note to residents: The Village has received serious concerns expressed by residents living in the vicinity of Incarnation Parish and school. Drivers attending services and dropping off school children at Incarnation create heavy traffic volume. There are also concern for reports of speeding by buses in the area. Please refrain from taking unnecessary driving risks; these are residential streets and have a posted speed limit. Police have been alerted to ticket violators. We appreciate you help in this matter to make our town safe.

NOTE THE NEW CHANGES!

As of June 1, 2013 Village Hall has established **new business hours**.
The hours are as followed. Please make note of our new hours.

Monday, Wednesday, Thursday & Friday 9:00am - 4:00pm
Tuesday 9:00am - 8:00pm
Saturday & Sunday - CLOSED

Village Meeting Schedule

Committee of the Whole Meetings will take place the
1st & 3rd Tuesday of each Month
located at Village Hall. 13840 S. Cicero

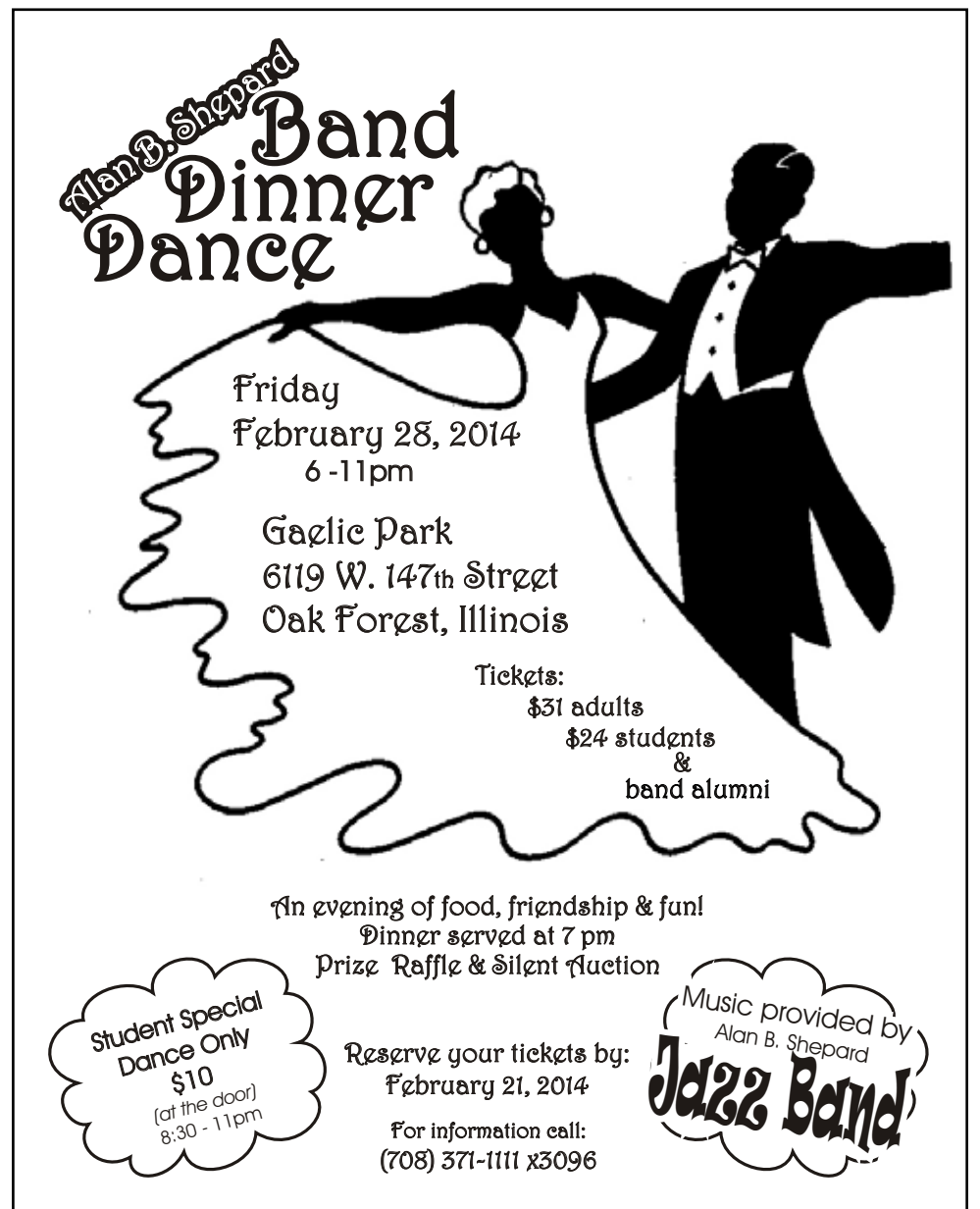
Village Board Meetings are the **1st & 3rd Thursday of each month**
at the Civic Center located at 14025 Kostner Ave.

In the Works...

Public Works has had some major maintenance and repair on water main breaks around the town. While these are common this time of the year, we are working on projects that include major infrastructure repair and looking at companies to assist us in new underground mapping of systems. Large, upcoming projects include the revamping of Caesar Park, and its stands and press box. Our Rec Center is getting the deck surrounding its pool a new finish by removing old paint. And the locker rooms will see a change; new/rubber plastic lockers to withstand chlorinated water exposure.

SAVE THE DATE: LBOG ON JAN. 18

Teacher Jennifer Fischer and German Club will host "A Little Bit of Germany" on Saturday, January 18. This fund raiser, which has drawn record crowds each of the past two years, supports our exchange program with Johann Wolfgang Goethe Gymnasium in Germersheim, Germany.



COLOR FOR THE CURE NATHAN HALE MIDDLE SCHOOL STUDENT

In November, the students at Nathan Hale Middle School completed Color for the Cure. Color for the Cure is a part of project S.N.A.P, a community activism and art foundation, and is partnered with Ford Motors. The project focused on the Juvenile Diabetes Research Foundation (JDRF), which funds research to help cure type one diabetes. Type one diabetes is not self inflicted and is hereditary, meaning it is passed down from parents and grandparents.



Each student was given a sheet of paper and told to follow the theme of togetherness. Some past themes have been believe, imagine, and hope. Each student drew a picture portraying the theme. On the back, students wrote a message of hope and what juvenile diabetes means to them. When each student finished, they gave their picture to their unified arts teachers. Art teacher Mrs. Matuzak sent all of the student pictures to project S.N.A.P, who put all the pictures into a mosaic, or a picture made of lots of smaller student-created pictures.

The mosaic follows the yearly theme and is given to JDRF when completed. This truly is a touching project that means a lot to the students. The students wanted to get involved and help, and this was one great way to do it. The students are very excited knowing that they will soon be a part of something big. If you've participated in Color for the Cure, you can find exactly where your artwork is in the mosaic. All you have to do is go to www.projectsnap.org, enter your name and theme, and find your artwork.

Few Words from Detective Chris Soderlund

As we come to the years end, I want to thank you all for your continued support to the Law Enforcement Torch Run for Special Olympics. I know that times are tough, especially around the holidays. This can make it difficult to donate, but you still did. The Torch Run movement is not only about raising money but about raising awareness for our athletes. By taking the time out of your day to give a word of encouragement or even supporting an event, you have made this movement what it is today. This year, for the first time, The Illinois Law Enforcement Torch Run raised over \$3 million dollars. In Crestwood, we raised over \$60,000 alone.

In the upcoming year, we will be looking for volunteers to help at our events. We will continue our events such as our Polar Plunge, Cop on Top, and our Shredding Fundraiser and look to add more community events. I do want to give special recognition to several people and companies. Thank you to Barracos' Pizza, Cloverleaf Farms, The Billing Company, Palletmaxx, Waldo Cooney Pizza, Proshred Security, Starlight Express Coaches, my co-workers and many more.

In addition to helping at our events, if you would like to host an event, please contact me.

Thank you very much from the bottom of my heart.

- Detective Chris Soderlund

Crestwood Police Department Helps Tornados Victims

The Crestwood Police Department would like to thank everyone who donated to our drive to help the victims that were affected by the tornados that struck downstate Washington and Peoria. With all of your donations, we were able to fill our trailer with needed items including food, bedding, clothes, household items, and so much more. With the assistance of Public Safety Direct, we were able to transport the trailer to Washington and deliver the supplies, where they will be distributed to the people that needed them the most. This is just one more example of what a great community we have.



ST. CHRISTOPHER SCHOOL

14611 S. Keeler Ave. Midlothian, IL

Open Registration: Preschool — 8th Grade

For More information: 708-385-8776

www.stchrisschool.org

VOLUNTEERS NEEDED AT DISTRICT 130 SCHOOLS

Cook County School District 130 is seeking volunteers to help at the elementary, intermediate, and middle school levels. Volunteers are needed to help read to students, assist in the library, act as a mentor, help out in the main office, assist in the lunchroom or at recess, and much more. Volunteers may donate their time between the hours of 8 am and 2:45 pm when school is in session and there is no minimum amount of time required.

Volunteers in the Reading Buddy program give their time by reading and listening to students read at least one hour per week. Most volunteers will work with students in kindergarten through fifth grade and they are very helpful to students who are in need of extra attention with reading and language arts. The District also works closely with the City of Blue Island’s Senior Citizen’s Office to promote this reading initiative and meetings are held at the Blue Island Public Library, located at 2433 York Street in Blue Island, for volunteers to give feedback, socialize, and share reading strategies. Meetings will be held on February 12 and April 9 at 1 pm.

If you are interested in helping to build a stronger community through volunteering at the school in your area please contact parent liaison Carol Kusman at **708-259-7389** or via email at **ckusman@district130.org** or parent liaison Alejandra Caratachea at **708-489-8390** or email **acaratachea@district130.org**. The District also requires volunteers to go through a background check before being placed at one of the District’s schools.

DISTRICT 130 SUPERINTENDENT COFFEE SCHEDULE FOR JANUARY 2014

Please join Cook County School District 130 Superintendent Raymond Lauk for coffee and conversation on Wednesday, January 15 at the Worth Township Hall, located at 11601 S. Pulaski Road in Alsip, from 9:30 am to 11 am or on Wednesday, January 29 at the Elks Club, located at 4428 W. Midlothian Turnpike in Crestwood from 9:30 am to 11 am. If you should have any questions, please contact parent liaisons Carol Kusman at 708-259-7389 or via email at ckusman@district130.org or Alejandra Caratachea at 708-259-7794 or emailacaratachea@district130.org.

Dist 130 PRP Holiday Food Drive 2013

Paul Revere Primary School in Blue Island recently held a holiday food drive to benefit An Angel’s Touch and collected 40 boxes of items to donate to the food pantry. Staff members Daniela Peralta and Kyle Agner posed with students from all four grade levels along with a portion of the food and caps and gloves donated by students and staff. Featured students were selected by their classroom teacher for their generous donation. The food drive has been organized by first grade bilingual teacher Steve Doublestein for over 12 years.



Incarnation Catholic School

As an Advent project this year, Incarnation Catholic School collected stocking stuffers to bring a little bit of Christmas cheer to the men and women in the military serving our country in Afghanistan and Iraq. Each grade was given a few different items to bring in, and students were encouraged to use their own money to purchase the stocking stuffers. We collected over 10 boxes of goodies that will be mailed in care packages to the troops.



HORACE MANN GINGERBREAD HOUSE

Horace Mann School in Blue Island as the Pre-K/Early Childhood students took part in a fun gingerbread house activity with family members the week before winter break.



Justin Allen (right) and his dad Steven Allen work together to build and decorate a spectacularly sweet gingerbread house during a holiday activity at Horace Mann School in Blue Island.



Samantha Aguilar (center) and her grandparents adorn their gingerbread house creation with sweet treats at Horace Mann School in Blue Island. Parent Kim Bieker (far right) also takes part in the activity held the week prior to winter break.



5331 W. 135th Street
Crestwood, IL 60445
(708) 371-4810

Crestwood Recreation & Wellness Center
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Stop by to see what we’re all about!
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Fitness Center Hours

Monday—Thursday
5:30 AM—10:00 PM

Friday
5:30 AM—8:00 PM

Saturday—Sunday
7:00 AM—5:00 PM

Pool Hours

Monday—Thursday
5:30 AM—9:00 PM

Friday
5:30 AM—7:00 PM

Saturday—Sunday
7:15 AM—4:00 PM

ALL INCLUSIVE MEMBERSHIPS

16 years of age and older
Membership privileges include access to the indoor pool (lap, open, family swims, water fitness classes), whirlpool, fitness center, group exercise classes, indoor track, sport courts and locker room.

Crestwood Residents	Non—Residents
<u>Individual</u>	<u>Individual</u>
Annual \$280	Annual \$360
6 months \$190	6 months \$255
Monthly \$33	Monthly \$45
<u>Seniors</u> (65+)	<u>Seniors</u> (65+)
Annual \$195	Annual \$245
6 months \$175	6 months \$235
Monthly \$33	Monthly \$45

www.CrestwoodFitness.com

FITNESS CENTER MEMBERSHIPS

16 years of age and older
Membership privileges include access to the fitness center, indoor track, sport courts and locker room.

Crestwood Residents	Non—Residents
<u>Individual</u>	<u>Individual</u>
Annual \$200	Annual \$280
6 months \$115	6 months \$190
Monthly \$20	Monthly \$33
<u>Seniors</u> (65+)	<u>Seniors</u> (65+)
Annual \$145	Annual \$195
6 months \$115	6 months \$190
Monthly \$20	Monthly \$33

AQUATIC MEMBERSHIPS

16 years of age and older
Membership privileges include access to the indoor pool (lap, open, family swims), whirlpool, indoor track, sport courts and locker room.

Crestwood Residents	Non—Residents
<u>Individual</u>	<u>Individual</u>
Annual \$190	Annual \$265
6 months \$115	6 months \$190
Monthly \$20	Monthly \$33
<u>Seniors</u> (65+)	<u>Seniors</u> (65+)
Annual \$125	Annual \$175
6 months \$95	6 months \$160
Monthly \$20	Monthly \$33

For more information on memberships, programs and activities, call us at 708-371-4810
log on to our website, www.CrestwoodFitness.com or find us on Facebook, www.facebook.com/CRWC1

Fitness, Recreation and Aquatics.....All in one place!

JANUARY 2014—GET IN SHAPE CHECKLIST

- ☐ Check with my doctor before starting any exercise program

☐ Join the Crestwood Recreation & Wellness Center

☐ Work out at least 3 days a week at my own pace

☐ Lift weights on state of the art equipment in over 3000 sq. feet of air conditioned space

☐ Use over 30 pieces of cardio equipment that includes treadmills, bikes, ellipticals and steppers to increase my heart rate
- ☐ Jog, walk and run on the 3 lane, 1/10 of a mile indoor track to keep my workouts fresh

☐ Meet new people while shooting baskets and playing volleyball on one of the three large air-conditioned sport courts

☐ Make a splash in the 5 lane, 25 yard indoor pool

☐ Relax in the whirlpool and feel refreshed and energized after my workout at the Crestwood Recreation & Wellness Center

Winter 2014 Youth Basketball

**Youth Basketball League for
boys and girls
Ages 4 years thru 4th grade**

**Openings may still be available
for some age groups.
Call 708-371-4810**



- Winter 2014 Programs @ the CRWC.....
- **Website: www.CrestwoodFitness.com**
- Find us on Facebook; www.facebook.com/CRWC1

Winter 2014 Indoor Soccer

**Indoor Soccer League for
boys and girls
Ages 4 years thru 2nd grade**

**Call the CRWC for
more details.
708-371-4810**



Zumba Fitness® at the CRWC draws over 4000 participants in 2012

Zumba Fitness classes, held at the Crestwood Recreation & Wellness Center, continue to gain momentum and show no signs of slowing down. Classes began in January of 2010 and each year the participation grows. Zumba Fitness is a blend of fitness moves and international rhythms that make your workout feel like a party.

Zumba has become a worldwide phenomenon that is now being taught in more than 150 countries in over 140,000 locations to 14 million people of all shapes, sizes and ages.

Come and see what all the excitement is about! Classes are held at the CRWC, 5331 W. 135th St, Crestwood every Monday, Wednesday and Friday from 6:30pm - 7:30pm. You do not have to be a member to attend.

The cost is \$8 to drop-in or save money and purchase a 10 punch card for \$70 (non-resident) or \$60 (resident)

All classes are taught by Lynn Kata who is a Crestwood resident. Lynn is an ACE (American Council on Exercise) certified group fitness instructor. In addition to teaching at the CRCW, Lynn teaches Zumba for Celebrity Cruise Lines. She recently instructed on a 12-day cruise to Europe and will teach on a 7-day cruise to the Caribbean.

More information can be found at lynnkata.zumba.com or crestwoodfitness.com or call 708-371-4810.



Zumba Fitness 2014

**Classes are held every Monday,
Wednesday and Friday at 6:30pm**

\$8 to drop-in (discounted 10 class punch cards also available)

All classes taught by Lynn Kata licensed Zumba® Instructor
Like Lynn at facebook.com/lynnkatazumba



5331 W. 135th Street, Crestwood, IL 60445

708-371-4810

www.CrestwoodFitness.com

What Are Some Steps to Avoid Conflicts With Coyotes?

Conflicts with coyotes can be avoided by taking simple precautions or by altering behaviors to avoid confrontation.

1. Do not feed the coyotes.

Intentional feeding, such as bait stations in yards or parks, should be avoided. However, many people unintentionally feed coyotes by leaving pet food or garbage out at night or having large bird feeders. Coyotes are usually not interested in bird food, but bird feeders often attract rodents, especially squirrels, which then attract coyotes. Although coyotes seem to have a natural inclination to avoid human-related food, this can change when prey populations are low, or if the coyotes are young and haven't yet learned to hunt effectively.

2. Do not let pets run loose.

If coyotes live nearby, do not let pets run loose, especially domestic cats. When hiking in urban parks, keep dogs on leashes.

3. Do not run from a coyote.

When you encounter a coyote, shout or throw something in its direction.

4. Repellents or fencing may help.

Some repellents may work in keeping coyotes out of small areas such as yards, although these have not been tested thoroughly for coyotes. Repellents may involve remotely activated lights or sound-making devices. Fencing may keep coyotes out of a yard, particularly if it is more than 4 feet in height with a roll bar across the top.

5. Report aggressive, fearless coyotes immediately.

When a coyote fails to exhibit fear of humans or acts aggressively by barking or growling in the yard or playground, the animal must be reported as soon as possible to the appropriate officials — usually an animal control officer or police officer.

Superintendent Search Committee

Cook County School District 130 is seeking an experienced, talented educational leader to be Superintendent of Schools commencing July 1, 2014.

Staff, parents and community members interested in contributing to a search committee should provide their name, address and phone number to lguyton@district130.org or chinz@district130.org by November 29, 2013. Participation may be limited by numbers.

St. Christopher student council works to support our troops

Once again, you can't hide that St. Chris pride! Continuing with the St. Christopher School efforts of 'Supporting Our Troops', we have just concluded our recent collection drive and received a terrific response. Our Student Council members, Rosie Pernell, Evie Brindl, Carrissa Garla and Rachel Smith, are pictured here packaging some of the 31 boxes that have been sent to 1st Sergeant Christine Seldon and SFC Anthony Seldon, who have been recently deployed to Afghanistan. Along with many requested items, there were letters of encouragement and good will messages sent from our St. Christopher students and staff. Thanks for all the generous donations.



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St. Christopher Christmas Around the World

Christmas Around the World 2013 was another huge success for St. Christopher School's 1st, 2nd, and 3rd graders! Not only did we manage to visit six countries in just two days, everyone made it back to their own classroom! In each country students learned where they were located on a map compared to the United States, what their flag looked like, and different traditions and customs they celebrate during this time of the year.

Mrs. Knieps took the students to Sweden and the Bahamas where they learned that the Swedes decorate their trees with candles, apples, flags and small gnomes. They also heard about Jultomten, an elf-like gnome that leaves gifts for the children of Sweden. People in the Bahamas watch the famous Christmas Junkanoo Parade every year in Nassau which is filled with people in colorful dresses that dance to music from 2am until dawn!

Miss Madlener, the second grade teacher, took the students to Italy and Holland! In Italy they learned how people picked presents from the "Urn of Fate" where you can either get a neat gift, or an empty box. They also learned about the legend of La Befana, the good Christmas Witch of Italy. In Holland, they made puppets of Sinterklaas and Zwarte Piet. The students learned that when you give gifts in Holland, you also write a poem that gives clues as to what the present is so the person getting the gift can guess what it is!

When students entered Miss Kochan's third grade classroom, they learned about the Christmas celebrations in China and the Czech Republic. They learned that in China, Santa is called "Christmas Old Man" and they celebrate with presents, fireworks, and making lanterns to hang on their trees. The 1st, 2nd, and 3rd graders all made Chinese lanterns to hang in their homes. The next day, the students explored the traditions of the Czech Republic by making fruit ornaments. Fruit, especially in the Czech winters, is a delicacy; therefore, they decorate their trees with glittery fruit ornaments to show how grateful they are for the season.

With our second year of Christmas Around the World being another success, we plan to visit six more countries next year! St. Christopher hopes you all had a Prettige Kerstfeet (Holland), Buon Natale (Italy), God Jul (Sweden), Happy Christmas (Bahamas), Veselé Vánoce (Czech Republic), and Shèngdàn jié kuàilè (Mandarin)!



Shepard inducts students into National Honor Society



The juniors and seniors from Shepard High School who qualified for induction into National Honor Society for the 2013-2014 school year.

Shepard High School in Palos Heights recently inducted a new group of students into its chapter of National Honor Society.

average of at least 3.6/4.0 and participation in at least four extracurricular activities (five if the student is a senior.) Students cannot receive academic credit or compensation for the activities. To remain in NHS they must continue membership in school activities as well as participate in NHS service projects.

Students inducted include Nicolette Alex, David Atut, Monica Bova, Kayla Cody, Jordyn Czarny, Brandon DeChene, Logan Dolehide, Fiona Flynn, Nathaniel Gibson, Brenna Graffeo, Kristen Gries, Rhonda Habbal, Traverse Jarman, Emily Jones, Jonathan Kalabich, Ashley Kamholz, and Andrea Krolikowski.

Also, Larry Lesniak, Rachel Libera, Marie Lippert, Mary Lippert, Kyle Longfield, Kiersten Mahler, Jessica Makenas, Nicholas Martinez, Billy McCormick, Kyle McNamara, Lauren Mikos, Johnny Morrissey, Jennifer Payne, Alexis Pezdek, Colin Pfeiffer, Morgan Powers, Aubrey Quick, Gabriella Ramirez, Michael Reddy, Joshua Reynolds, Kyle Ruger, Leeana Skuby, Bryan Spoon, Jocelynn Thurmond, and Tyler Timmer.

Congratulations Jenna Buche



Congratulations Jenna Buche! Jenna was recently named 2014-15 Illinois State Scholar-awarded to the top ten percent of high school seniors in the state based on grades and standardized testing. She is a senior at Queen of Peace High School and making plans for college. Jenna also was the recipient of the scholar athlete award for both golf and soccer Wishing you the best, Jenna!

Sr. Laurinda celebrates her 50th anniversary

On Sunday, October 13, Sr. Laurinda from St. Christopher Parish in Midlothian, celebrated her 50th anniversary of being a sister. The event began at the 11:00 am Mass, where Fr. Mark returned and, along with Fr. Kris, held a Mass of Thanksgiving for Sr. Laurinda and her life of service to the church. After the Mass, everyone headed to a reception in the school gym to congratulate Sr. Laurinda on this milestone. Thank you to everyone who contributed to making this wonderful event possible.



The Cure for the Cold Weather is a Warm Heart



Sertoma Centre, Inc. With the cold weather upon us, Sertoma Centre, Inc. wants to make sure that the more than 725 individuals we serve with developmental disabilities and/or mental illness have adequate winter outerwear. Our staff has identified more than 30 individuals who are in need of winter coats this season. We are asking for your help in providing funds to help cover the cost of purchasing coats for these individuals. We will also be supplying food baskets for 15-20 of our consumers and their families who need

extra assistance at this time of the year. Holiday donations will also be used to cover these costs.

Your generosity can make a difference in the life of a person with disabilities and make you feel all warm inside, too. It's a wonderful way to start the holiday season. Sertoma Centre is thankful to all who give and support individuals with disabilities! If you would like to help, contact Amy Chmura, Director of Advancement and Communications, at 708-730-6206 or send your check today to Sertoma Centre, Inc. Foundation, Attn: Coat/Food Drive, 4343 West 123rd Street, Alsip, IL 60803.



For more information regarding Sertoma Centre, to schedule a tour, volunteer, or to make a donation, please contact Amy Chmura, Director of Advancement and Communications, (708)730-6206 orachmura@sertomacentre.org. at Sertoma Centre, 4343 West 123rd Street, Alsip, IL 60803.www.sertomacentre.org.

Incarnation Parish Youth Group

By November its easy to forget a hot July day but not for Incarnation Parish's youth group TRAIN. Members of TRAIN keep in mind we remember because of Mike Gapski's generosity of allowing us to use the Stanley Cup for a fundraiser. With his kindness and the hard work of almost 50 volunteers, more than half of which were teenagers, we were able to procure a 12 seat passenger van to head to Indianapolis' National Catholic Youth Conference

NCYC is a biannual conference attended by around 25,000 teens and their chaperons. Train makes sure to always participate ever since our initial participation in 2007. According to participants, It is an amazingly energetic and faith-filled event. We attended large gatherings with many other teens at the Lucas Oil Field that included mass, Taize prayer and lots of music and dancing. There were smaller workshops throughout the weekend which included topics about: chasity, the Catholic faith through such as Chastity, the Catholic faith through social media, dating as a Catholic teen, the sacraments and much more. The 10 teens from TRAIN met people from all fifty states who all Catholic sharing in the same faith. It was an amazing experience. Here is what some teens said about their experience when asked for a comment.

At NCYC I experienced:

"God's love and grew in my faith"

"Many wonderful performances and inspiring speakers"

"What it means to truly be Catholic"

"How our religion can bring 25,000 people together from different states and backgrounds"

"A good time with friends and faith-filled music"



GET UP & GET OUT!!!

LATE NIGHT CATECHISM LAS VEGAS: SISTER ROLLS THE DICE

This is the latest class in the sinfully funny Catechism series. The convent needs a new roof, so the order has decided that Sister (with her extensive gambling experience running the church bingo for the last 25 years) will organize a Las Vegas Night! **Contact: 708-974-5500**

Date: Jan 18, 2014-Jan 18, 2014
When: 7:30 pm
Where: Moraine Valley Community College Fine & Performing Arts Center Dorothy Menker Theater
9000 West College Parkway, Palos Hills, IL

MUSHER MANIA

Come learn about the Siberian Husky, the Iditarod, and the sport of mushing, then watch dog sled demos with the Siberian Husky Club of Greater Chicago. Some activities include:"human mushing," snowshoe races, roasting marshmallows, warming tent, pet a husky puppy. Outside vendors and exhibitors include, photos with a sled dog, ice sculpting, food vendors. **Contact: 708-534-8499**

Date: Jan 11, 2014-Jan 11, 2014
Time: 12-4 pm Central Time
Where: Monee Reservoir
27341 Ridgeland Avenue, Monee, IL

WINTER FOLLIES: Winter Wonderland Ice Rink

Bring your family, friends, and snowman supplies for our snowman building contest! Carrot noses will be provided. Office activity. Weather (snow) permitting. Call the weather hotline for up-to-date closure information. **Contact: 708-403-6290**

Date: Jan 23, 2014-Jan 23, 2014
Time: 6:30 pm Central Time
Where: Centennial Park
15600 West Avenue at Fun Drive, Orland Park, IL

SMITHSONIAN JAZZ MASTERWORKS

ORCHESTRA: TRIBUTE TO ELLA FITZGERALD

This special program presents many of Ella's original big band arrangements graciously made available by the Smithsonian Institutions Jazz Program with the assistance of the Ella Fitzgerald Charitable Foundation. **Contact: 708-974-5500**

Date: Feb 1, 2014-Feb 1, 2014
Time: 7:30 pm Central Time
Where: Moraine Valley Community College Fine & Performing Arts Center Dorthy Menker Theater
9000 West College Parkway, Palos Hills, IL

ILLINOIS PHILHARMONIC ORCHESTRA CONCERT

A special chamber music performance featuring musicians of the Illinois Philharmonic Orchestra and young Steinway Artist and Southland native Thomas Ridgway. **Contact: 708-481-7774**

Date: Feb 1, 2014-Feb 1, 2014
Time: 8 pm Central Time
Where: Lincoln-Way North Performing Arts Center
19900 South Harlem Avenue, Frankfort, IL

Winter Wonderfest at Navy Pier - Chicago

170,000 square feet of holiday fun features indoor ice skating, entertainment, rides and inflatable slides. There are also thousands of glistening lights, plush holiday décor, and holiday trees. Plus, special family fireworks on New Year's Eve. **www.winterwonderfest.com**

Date: Dec. 6-Jan. 12
Time: 7 pm Central Time
Where: Navy Pier - Chicago

Eat Out for Elim at Country House Restaurant

Do you have a hunger for equipping people with disabilities for God's mission? Well, look no further! Bring your appetites to the 3rd annual Eat Out for Elim fundraiser at Country House Restaurant, located at 5400 W. 127th Street in Alsip, IL! From 3-9 pm on Monday, January 27, anyone can eat a great meal at the restaurant or carry out their food for the purposes of benefiting Elim's children and adults with disabilities. And it doesn't stop there! We will receive 40% of the proceeds that go to a great cause for our children and adults! So come on out and tell your family and friends about the scrumptious and beneficial Eat Out for Elim at Country House Restaurant.

Elim's mission is to equip children and adults with disabilities to achieve to their highest God-given potential. Elim pursues this mission by providing educational, vocational, therapeutic, and residential services to over 1000 persons with developmental disabilities.

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CRESTWOOD CHRISTMAS DECORATING CONTEST WINNERS

The halls have been decked; the roof line and shrubs are shining. The Crestwood Recreation Commission has chosen the Holiday decorating winners. It was a tough choice. There were many residents that braved the weather to show their holiday spirit. The winners that were chosen this year have never received recognition before. All winners will receive a yard sign to proudly display. Take a drive around the Village to see all the beautiful decorations. We hope this activity adds to your enjoyment of the holiday season. Merry Christmas & Happy New Year!

A big Thank You to all who have shared their holiday spirit and let the community enjoy their décor.



The Boulais Family at 13902 Long Ave.



The Kuras Family at 5409 137th Street



The Hoyt Family at 13632 Leclaire

Jewel donates more than 40 dinners to Shepard food drive

The Jerry Lemon Needy Family Food Drive at Shepard High School this year received more than 40 full turkey dinners from the Jewel Food Store in Palos Heights.

The generosity of shoppers at Jewel helped make this year's food drive one of the best in its more than a quarter century of existence. Combined with donations from students and staff, the food drive fed more than 100 families.

And for those families that either do not have cars or do not have time to pick up donations, staff members Erin McLean, Brad Fisher, Courtney Siska, and Jim Benes and more than 20 student volunteers delivered turkeys, stuffing, potatoes, and canned goods to them.

Teacher Eric Kallenborn found an inventive way to inspire students to give: The class that donated the most could choose, within reason, how he would cut and style his hair. Kallenborn arrived on Monday this week with his hair spiked down the middle and colored a dark purple. "It was completely worth it. Students donated more than \$900," Kallenborn said.

Despite an economy that has thinned family budgets, the Shepard community again rose to help those living in need. The event traces its history to some good fortune.

Lemon, a health teacher, had asked his students to bring in labels from canned foods to discuss nutritional information. Too lazy to peel off the labels, many just brought the cans so Lemon chose to donate them to an area food pantry.

In the years that followed, the food drive evolved. After Lemon retired, Shepard teacher Glenn Simms managed the food drive for 20 years before retiring in 2008. He involved more teachers, parents, and Shepard clubs to grow the food drive project into a much larger success.



Students load turkey dinners into the back of a small school bus for delivery to families unable to pick up their donations.



Shoppers at the Jewel Food Store in Palos Heights donated more than 40 turkey dinners to the food drive at Shepard High School this year.

Thinking About Selling Your Crestwood Home or Condominium?

Top Ten Reasons Why You Should Call

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- #8) I KNOW CRESTWOOD LIKE THE BACK OF MY HAND
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- #6) CLIFF IS THE CRESTWOOD LEADER IN REAL ESTATE
- #5) 100'S & 100'S OF CRESTWOOD PROPERTIES SOLD
- #4) HONORABLE AND TRUSTWORTHY
- #3) TREATS CLIENTS LIKE FAMILY
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CRESTWOOD FEATURED HOME OF THE MONTH



AWESOME REMODELED 3 BEDROOM 2 BATH SPLIT LEVEL HOME WITH A MAIN LEVEL FAMILY ROOM ADDITION. 2 1/2 CAR ATTACHED GARAGE, LARGE PATIO AND A FENCED YARD. ASKING \$214,900 FOR MORE INFORMATION OR TO VIEW THIS FINE PROPERTY CALL **CLIFF AT 708-267-0758**

FOR MORE INFORMATION ON THIS HOME OR OTHER CRESTWOOD PROPERTIES FOR SALE NOW, CALL CLIFF AT 708-267-0758





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Biela's Holiday Parties

The Seniors enjoyed three Holiday parties. The first was Halloween then Thanksgiving, and then Christmas. There were over 135 in attendance for each party. A GREAT TIME was had by all!



Someone You Should Meet

The “Senior Check Program” that Mayor Lou Presta has directed the Crestwood Police Department to develop is in full swing. This program was developed as a means of providing the elderly citizens of our Village an enhanced sense of safety and service. The program allows those residents, over 60 years of age and who possess the desire to participate, access to the Police Department office more directly through department personnel.

When the position of Senior Check Program officer was developed Officer Thomas Dawson was chosen to be the best fit officer for this program. Officer Dawson has been a member of the Crestwood Police Department since October 2007. Office Dawson is also a resident of the Village since 2000. While performing his duties as a patrol officer, Officer Dawson was chosen to work as a community Liaison with the businesses here in the Village.

Officer Dawson has started and will continue to visit participants in the program. A periodic check with a friendly face to be sure the individual is okay and has no concerns. Our goal is to increase the level of security through enhanced communication.


If you know of a senior that would benefit from this program please feel free to drop by the Biela center located at: 4545 Midlothian Turnpike to pick up an application or you may visit the Police Department located at: 13840 s. Cicero Ave where there are applications as well.



Village & Biela Center Happenings

Unless otherwise indicated, all listed events are at the Biela Center, 4545 Midlothian Turnpike.

For more Information
708-371-4860

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div><div>JANUARY 2014</div></div>			<div>1<div>Happy New Year!</div></div>	<div>2<div>12:00 p.m. Cards</div><div>1:00 p.m. Movie</div></div>
<div>6<div>11:15 a.m. Fitness</div><div>1:00 p.m. Movie</div></div>	<div>7<div>12:00 p.m. Lunch</div><div>1:00 p.m. Bingo</div><div>1:00 p.m. Movie</div></div>	<div>8<div>12:30 p.m. Crestwood Seniors</div><div>11:15 a.m. Fitness</div><div>1:00 p.m. Movie</div></div>	<div>9<div>12:00 p.m. Cards</div><div>1:00 p.m. Movie</div></div>	<div>10<div>11:15 a.m. Fitness</div><div>12:00 p.m. Lunch</div><div>1:00 p.m. Bingo</div><div>1:00 p.m. Movie</div></div>
<div>13<div>11:15 a.m. Fitness</div><div>1:00 p.m. Biela Seniors</div><div>1:00 p.m. Movie</div></div>	<div>14<div>12:00 p.m. Lunch</div><div>1:00 p.m. Bingo</div><div>1:00 p.m. Movie</div></div>	<div>15<div>11:15 a.m. Fitness</div><div>1:00 p.m. Movie</div></div>	<div>16<div>12:00 p.m. Cards</div><div>1:00 p.m. Movie</div></div>	<div>17<div>11:15 a.m. Fitness</div><div>12:00 p.m. Lunch</div><div>1:00 p.m. Bingo</div><div>1:00 p.m. Movie</div></div>
<div>20<div>Closed</div><div>Martin Luther King Day</div></div>	<div>21<div>12:00 p.m. Lunch</div><div>1:00 p.m. Bingo</div><div>1:00 p.m. Movie</div></div>	<div>22<div>12:30 p.m. Crestwood Seniors</div><div>11:15 a.m. Fitness</div><div>1:00 p.m. Movie</div></div>	<div>23<div>Horseshoe Casino</div><div>12:00 p.m. Cards</div><div>1:00 p.m. Movie</div></div>	<div>24<div>11:15 a.m. Fitness</div><div>12:00 p.m. Lunch</div><div>1:00 p.m. Bingo</div><div>1:00 p.m. Movie</div></div>
<div>27<div>11:15 a.m. Fitness</div><div>1:00 p.m. Biela Seniors</div><div>1:00 p.m. Movie</div></div>	<div>28<div>12:00 p.m. Lunch</div><div>1:00 p.m. Bingo</div><div>1:00 p.m. Movie</div></div>	<div>29<div>Blood Pressure Hearing 9:30 a.m.</div><div>11:15 a.m. Fitness</div><div>1:00 p.m. Movie</div></div>	<div>30<div>12:00 p.m. Cards</div><div>1:00 p.m. Movie</div></div>	<div>31<div>11:15 a.m. Fitness</div><div>12:00 p.m. Dessert</div><div>1:00 p.m. Bingo</div><div>1:00 p.m. Movie</div></div>

Look What's Cookin g!!!

Lunch and bingo or a movie for over 50

Friday, January 3	Dessert & Bingo
Tuesday, January 7	Brats & Sauerkraut
Friday, January 10	Hamburgers
Tuesday, January 14	Chicken Kiev
Friday, January 17	Hot Dog & Beans
Tuesday, January 21	Pizza & Salad
Friday, January 24	Ham on Rye
Tuesday, January 28	Salisbury Steak
Friday, January 31	Dessert & Bingo

Enjoy a delicious lunch (\$3.00) at the Biela Center at noon. Bingo and a movie start at 1 p.m.. Please help us by making reservations. Reservations for Tuesday lunch must be made by 5 p.m. Friday and reservations for Friday lunch must be made by 5 p.m. Wednesday.

Movies of the month to be shown at the Biela Center

Thank you to the Crestwood Library for donating these movies for our seniors to watch.

January 2-3	"Divine Secrets of the Ya-Ya Sisterhood"
January 6-10	"The Wedding Planner"
January 13-17	"Shark Tale"
January 21-24	"The Iron Lady"
January 27-31	"Failure to Launch"

Movies are shown Monday through Friday at 1 p.m.

Never A Dull Moment at the Biela Center

By now you know the Biela Center is located at 4545 Midlothian Turnpike, but do you know what goes on a daily basis? Senior citizens, you never have to be bored again.

Take a look at the many activities that wait for you here:

*Choose a senior fitness group that works best for you-one, two, or three times a week.

*Keep your driving privileges, and your freedom, by attending one of our frequent Rules of the Road classes held throughout the year.

*Every week we offer free movies for your enjoyment in a relaxed atmosphere.

*Lunch and bingo are offered Tuesdays and Fridays all year at the Biela Center.

*Free blood pressure and hearing screenings are offered every month.

*Join us for some of our group trips to casinos, plays, theaters, and other interesting venues.

Chicago South Elks Lodge 1596

The Elks, in cooperation with the Biela Center, continue to collect pop-tabs for Ronald McDonald House as well as eyeglasses, greeting cards, used cell phones and chargers for other charities.

For more information, contact the Elks at 708-597-7465 or the Biela Center at 708-371-4860.

Sorry....No refunds can be made

We've often experienced last-minute cancellations for our various day trips. We have to make it clear that when reservations are confirmed, refunds will not be issued.

Therefore, no refunds can be given for any trip unless we have a waiting list or if you can find a replacement for your reserved space. When you register for a trip, you have two weeks to decide before payment.

Please arrive 15 minutes before scheduled departure time for a trip. We do publish the scheduled departure time for our trips. Your cooperation will be appreciated. Many passengers are very sensitive to strong perfumes and aftershaves. We ask that you think of others if you use them.

Reminder:

Don't be disappointed when trips are cancelled. Please sign-up as soon as possible. We have deadlines for booking the trips.

Senior Fitness Offered at the Biela Center

The Biela Center offers a great fitness class one, two, or three times a week, and you can work at your own pace. Feel better and sleep better.

Diana Esparza, our instructor, will guide you through your special needs. Classes are held Monday, Wednesday, and Friday at 11:15 a.m.

The cost is \$30 for 24 classes, \$20 for 16 classes, \$10 for eight classes or a \$2 daily fee.

CASINO TRIPS

When making casino reservations, please have your card number or address and date of birth. Remember, you must have a valid picture ID at the casino....Winning more than \$1,199 requires showing your social security card.....!

Horseshoe Casino

Don't stay home!! Come join the fun at the Horseshoe Casino in Hammond, Indiana. The trip includes motor-coach transportation, \$10 slot play and a buffet lunch.

When: Thursday, January 23rd
Depart: 9 a.m. – return 4:30 p.m.
Cost: \$27

Grand Victoria Casino

Join us a day of gambling in Elgin at the Grand Victoria Casino!!!!!!

When: Thursday, February 20rd
Depart: 9 a.m. – return 4 p.m.
Cost: \$27 (Includes buffet)

Call to make your reservations NOW!!! This trip will fill up fast.

Blue Chip Casino

Enjoy a beautiful spring day at the Blue Chip Casino in Michigan City, Indiana. The trip includes four hours of gambling, a buffet lunch and \$10 of E-play after 1,000 points.

When: Wednesday, March 26
Depart: 9 a.m. ; return 4 p.m.
Cost: \$28

Trips for "2014"

-Lake Geneva - June 16th -Cantigny
-Brookfield Zoo -Opera in Focus
-Botanic Gardens -Patty Waszak - May 15th

Dates and times and costs will be posted in the Crestwood Adviser

Attention Seniors!!!

The Crestwood Seniors Club is looking for members. They meet at the Biela Center on the First and Third Wednesday of the month, at 12:30 p.m.

Please call the membership chairperson, Sophie Horvath at 385–7760.



"As long as the world is turning and spinning, we're gonna be dizzy and we're gonna make mistakes."

— Mel Brooks

"Ring of Fire" Johnny Cash

A unique musical about love and faith, struggle and success, rowdiness and redemption, and home and family. Includes more than two dozen Johnny Cash hits, Promises to be foot-stompin', crowd-pleasin' salute to a uniquely American legend.

When: Thursday, March 20th
Where: Theatre at the Center
Munster, Indiana
Time: Depart - 11:00 a.m.
Cost: \$72 (includes lunch-choice of Baked Cod or Grilled Lemon Chicken)

Rules of the Road Here on March 10th

Secretary of State, Jesse White, in cooperation with local organizations, will offer a Rules of the Road review course at the Biela Center free of charge.

The two-hour session helps prepare drivers for the Illinois driver's license exam. Topics include written, vision, and road tests.

When: Monday, March 10th, 2014
Time: 1:30 p.m.–3:30 p.m.

Save your spot by calling the Biela Center at 708-371-4860.



Senior Valentine Party February 11th

When: Tuesday, February 11th
Time: Appetizers at 11:00am Lunch at noon
Cost: \$8.00

Bingo will be played after lunch for those attending the party

Reservations requested by February 7th.

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Sunday - Thursday	11am-2am
Friday - Saturday	11am-3am

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BLOOD PRESSURE SCREENING AT THE BIELA CENTER OFFERED ON JAN. 29th

Free blood pressure screening will be offered at the Biela Center on Wednesday, JAN. 29th, from 9:30 to 11 a.m. Barbara, our Biela Center Blood Pressure Nurse will be available.

HEARING SCREENING AT THE BIELA CENTER ON JAN. 29th

Bruce from the Audibel Center for Hearing Excellence will be here on Wednesday, JAN. 29th from 9:30 to 11 a.m. to conduct hearing screenings and to clean and service hearing aids. This service is free for seniors only.

Crestwood Public Library

January Events at Crestwood Public Library

Youth Programming

READ for The Gold- Winter Reading

Kids grades Pre-K-8, are you reading at school for free tickets, rewards, or because you half too? Why not join our Winter Reading and win more prizes. This year we will be Reading for the Gold during the Winter Olympics. Complete the reading chart and receive your prize.
Winter Reading is open to all Crestwood residents grades Pre-K -8.
Winter Reading Dates- February 3-February 28, 2014. Register at Front Desk beg. Jan. 30, 2014

Story Time and Tiny Tots

Registration for our new session of story time and tiny tots begins Jan. 3 2014.
Story time for ages 3-6 will meet Thursday at 12:00pm . \$5.00 per child
Tiny Tots for ages 12-36 months with adult, will meet Thursday or Friday at 10:30am.
Space is limited. Registration needed. Session dates will be Jan. 16 - Feb. 21, 2014

Tween Time

Tweens grades 3-6 join us this month as we have fun with snow .
Tues., Jan. 28, 2014 Time: 4:00-5:00pm

S.T.E.M. - Science Club

Children grades K-4, will learn all about Birds and bird watching this month. Presented by ME4E.
Space limited to 15 people per class.
Thurs. Jan. 16 \$2.00/child 4:00pm

Kids Club

Kids grades K-2 join us in January for some winter fun!
Jan. session: Thurs., Jan 23, 2013
4:00-5:00pm

** New for 2014 Krafty Kids**

Kids grade 2-4 will meet once a month to make a fun craft.
January craft will be bird feeders.
Thurs. January 30, 4:00-5:00

Snowman Pajama Time

Children grades K-3, come to the library in their P.J.'s to hear stories about snowmen and make a snowman craft to take home.
Tuesday, Jan. 21, 2014 5:30-6:30pm
Space limited to 15

January Book Buddies

Children 3-6 will enjoy time with a Shepard High School student hearing stories and making a small craft. Cost is Free.
Jan. 14 & 28 from 6-7pm.
space limited to 20.

Lego Club

A New Session of Lego Club will begin Monday, Jan. 14 for children grades K-4.
We will meet Mondays from 3:30-4:30.
Registration required . Space limited to 18.

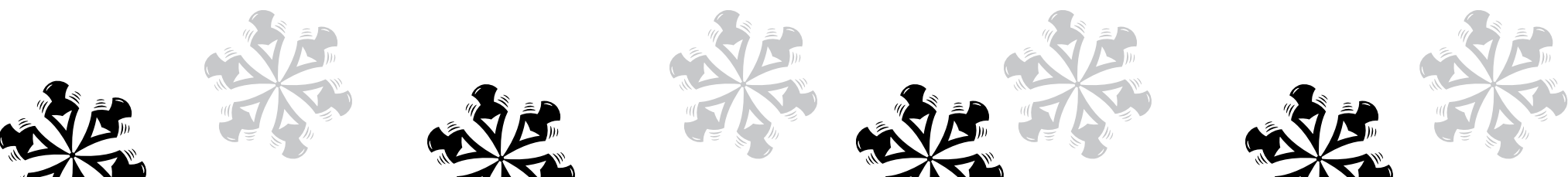
Rainbow Loom Bracelet Making

Bring your Rainbow loom to the library to learn all sorts of bracelet styles . Don't have a loom? Learn to make a bracelet without one or borrow ours. Grades 2 and up.
Saturday, January 25 2:00-3:00pm

Brown Bag Movie Friday

Bring your lunch and watch a movie on our the big screen! Ages 4 & up.
Friday, Jan. 3 "Smurfs 2" Movie begins at 12:30. Popcorn provided!

Registration Required for all programs. Call 708-371-4090 for more info.



January Adult Programming at Crestwood Public Library

Downton Abbey Season 3 Finale

Catch up with the latest episode of Downton Abbey before the season 4 premier!
Friday, January 3, 2014 10:30 AM (run time: 120 minutes)

Health Care Laws for Small Businesses!

Do you own a small business and have questions about the new health care laws? Gary Tarnopol will answer your questions during this hour program.
Monday, January 13, 2014 6:00pm

Health Care Seminar

Do you have questions about the new health care laws? Gary Tarnopol will answer your questions.
Wed., January 22, 2014 12:00pm
Please Register

Free Computer Classes

Need to improve on your computer skills?

Work one on one with one of our librarians during a 45 minute session on Fridays.

Available topics include:
Basic Computer Skills, First Time Internet, and E-mail Set Up.
Please call for dates and times.

Has your family added their name to our book shelves?

If not, what a great way to support our library! Books on our Library Mural are available to purchase starting at \$25.00.

All proceeds go to support the library general fund and are a great way to commemorate any event happening in your home!

Remember to visit our website: www.crestwoodlibrary.org or call 708-371-4090 for all program details

DID YOU KNOW? The world's first nuclear reactor is buried at Red Gate Woods.



On December 2, 1942, scientists famously conducted the first nuclear chain reaction under the bleachers at Stagg Field at the University of Chicago. But the project soon required a more secure and isolated location for larger reactions, so the reactor was moved to the Palos Preserves in Willow Springs. For more than a decade, America's top scientists conducted cutting-edge experiments that led to the United States' development of the nuclear bomb, among other nuclear technologies.

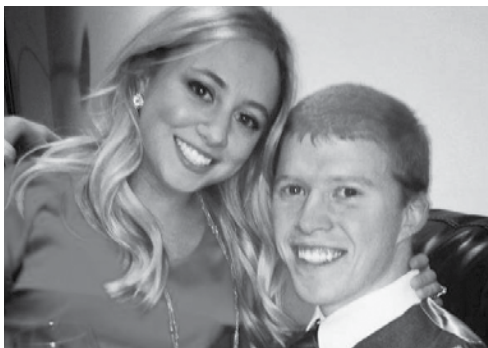
The Atomic Energy Commission returned the site to the Forest Preserves in the mid-1950s. Today it's known as Red Gate Woods. After decades of intensive clean-up, the site passes annual contamination tests and is safe by all measurements.

A curious epitaph, but a forest preserve is a curious place to house a nuclear reactor laboratory, and Red Gates Woods in Cook County, Illinois had all kinds of unusual happenings occurring within its wooded acres. The original site of both Argonne National Laboratory and the Site A/Plot M Disposal Site, Red Gate Woods is the burial grounds of Chicago Pile-1, the world's very first nuclear reactor, as well as other reactors that were built and then buried under the watchful eye of the Manhattan Project.

CP-1 was a toxic scientific hodgepodge of uranium and graphite, with control rods made of indium, silver, and cadmium and no cooling system or radiation shield to speak of. In 1942 this perilous contraption was the host of the very first synthetic, self-sustaining nuclear chain reaction, and changed the face of weaponry forever.

After its termination in 1943, it was relocated from its home at the University of Chicago to Red Gate Woods, disassembled, and rebuilt, this time with the addition of the overlooked radiation shield. Once the war ended and experiment opportunities had been exhausted, CP-1 (now CP-2) was shut down and buried in Site A/Plot M Disposal Site, a graveyard for radioactive waste. The gargantuan hole was big enough to lay to rest the 2-story high reactor, which had been decontaminated and then imploded for good measure. Once again property of the forest preserve, the historical site is marked by two granite markers resembling gravestones.

LISA ANTONELLI STORY



I was born on March 15, 1990, to two wonderful parents, Annette and Kevin Antonelli. When I was six months old I was diagnosed with a congenital heart defect. My defect, anomalous origin of the left coronary artery, occurs 1 in every 300,000 live births and has a 90% fatality rate in the first year of life. It is truly a miracle that my defect was caught, even though I was in congestive heart failure. I had bypass surgery that doctors could only hope to be successful. Thankfully, the surgery corrected the defect, but due to being in congestive heart failure for so long, I have been managing a secondary issue for the last 23 years for which I had open heart surgery at 2 years old, 7 years old, the summer going into my freshman year of high school at 14 years old, and also during my college career; the semester before I started the St. Xavier Nursing program. I wish this is where my heart health story would end, but on May 16, 2012 during nursing school, I received my pacemaker. I went into nursing because of my life story. I've had some wonderful nurses but I've also had some not so great nurses. I work on a pediatric floor as a patient care associate and I can't see myself working anywhere else as a nurse after I take my state boards. I've volunteered with the American Heart Association while in college, which let me share my story in the education and awareness regarding congenital heart defects.

I've been through so much in my 23 years that most adults haven't experienced. It's made me into the woman I am today. Unfortunately, my broken heart story doesn't end here; I still need at least one more open-heart surgery down the road. I feel that with my life experiences I will advocate well for my patients, have a big heart, and share my compassion as they go through their ordeals -I've been there done that. Its a great feeling when I can share my story with a parent going through this with their child for the first time and show tell them everything I have done. I had limitations going up, but it never stopped me. I am getting married on May 9, 2014 to the guy who as stuck around for an open heart surgery and pacemaker surgery; so for whatever maybe going on in my heart, I will tell you that my heart is always full - full of the love of my family, right here in Crestwood, and the great guy I will marry, Sean Ruane.

individuals, corporations, businesses and foundations.

www.CancerSupportCenter.org


New Laws for 2014 you don't want to miss

Hundreds of new laws will take effect in Illinois on January 1. Don't be caught off-guard. Learn about these new laws and be prepared.

1. No cell phones while driving unless they're completely hands free. Starting in 2014, drivers caught holding cell phones up to their ears could be subject to a \$75 fine. Using a Blue Tooth headset or speakers phone are both still acceptable as long as they can be activated by a voice command or single-button touch. (House Bill 1247)

Starting January 1st, use of an electronic communication device while operating a motor vehicle will be illegal in Illinois.

- GPS/navigation systems/devices integrated directly into motor vehicle are exempt
- Electronic devices in hands free/voice control mode are exempt
- Law enforcement/emergency personnel are exempt while performing his/her official duties
- When a vehicle is stopped due to normal traffic being obstructed and the driver has the motor vehicle transmission in neutral or park the driver is exempt
- For additional exemptions, see the below listed ILCS code



First Offense: \$75
Second Offense: \$100
Third Offense: \$125
Fourth and Above Offenses: \$150

For additional information:
see Illinois Vehicle code
625 ILCS 5/12-610.2 *Electronic
Communication Devices*

2. Under 18? No more tanning for you. Under previous Illinois law, young people were allowed to tan with their parent's permission. However, study after study has demonstrated that tanning- particularly during your formative years - greatly increases the risk of cancer. The new law prohibits all commercial tanning facilities from allowing people younger than 18 to tan unless they have a doctor's prescription. Underage tanning in private homes is still allowed. (House Bill 188)

3. Pick out a sick puppy? The pet store has to take back and/ or pay for your vet bills. Some restrictions apply. (Senate Bill 1639)
4. Littering will net you a \$50 fine, and cigarette butts now count as litter. (House Bill 3081 and House Bill 3243)
5. Your kid's school can't check their e-mail or Facebook pages without your permission. And, you no longer have to fear eavesdropping lawsuits from your little angels if you read their text messages. (House Bill 64 and House Bill 3038)
6. Tired of going 65 on Illinois interstates? So are lawmakers. Now you can go 70. Counties in Chicagoland and suburban St. Louis have the ability to opt out. (Senate Bill 2356)
7. Ever seen some jerk pass a stopped school bus? Now, so will a camera that is shared with the police. (Senate Bill 923)
8. If you and your ex have joint custody, you must ask if he or she wants to take care of your children before you hire someone. (House Bill 2992)
9. Can't finish the whole bottle at the winery but hate throwing your wine away? Now you don't have to.
The winery can cork it and send it home with you. Illinois already has a similar law for restaurants. The wine must be re-corked and placed in a tamper-evident bag. (Senate Bill 722)
10. Ever breeze through a tollway entrance or exit without paying? Now, if you do it too often, your name could go up on an online hall of shame.
The Illinois Tollway will be allowed to post names of people with the highest outstanding tolls on its website, much like a Most-Wanted list. (Senate Bill 1214)

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Teams Forming Now: Sign up for American Mahjong

We've had many requests from folks seeking to play American Mahjong. Once teams are formed, we will meet to play on Wednesdays at 10:30 a.m. at the Bremen Township Senior Café, 15350 Oak Park Ave., Oak Forest. First, call to be added to the list: 687-8220. Once we have enough players, the games will begin; free coffee served! Chinese version of Mahjong also will meet at the same time and new players are welcome at that table, as well. We are also accepting sign-ups for other games such as Scrabble, Bunco, etc., and for hobbies like knitting. Join a group and make new friends now that winter is coming!

THE
CancerSupport
CENTER

A place of help, hope & healing in the Chicago Southland

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NETWORKING GROUPS • LENDING LIBRARY
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**Services offered at no cost
so you can. . .**

- Gain the latest cancer information through our extensive resource library
- Network with others to learn from those who are going through similar experiences
- Link to programs to reduce fear, stress, pain and side-effects
- Connect with community resources to help with immediate & ongoing needs

Professional and experienced staff are available at **no charge** for survivors and their family, friends and caregivers thanks to generous donations from individuals, corporations, businesses and foundations.

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Burglary Prevention

Home Burglary

By far, the most common threat to our home is burglary. According to the FBI, a burglary occurs somewhere in the United States every 15.4 seconds. By definition, the crime of burglary is a non-confrontational property crime that occurs when we are not at home. However, becoming a burglary victim can leave a family feeling vulnerable and violated. To avoid becoming a burglary victim, it is important to first gain an understanding of who commits them and why.



The majority of home burglaries occur during the daytime when most people are away at work or school. Burglaries are committed most often by young males under 25 years of age looking for items that are small, expensive, and can easily be converted to cash. Favorite items are cash, jewelry, guns, watches, laptop computers, VCRs, video players, CDs and other small electronic devices are high on the list. Quick cash is needed for living expenses and drugs. Statistics tell us that 70% of the burglars use some amount force to enter a dwelling, but their preference is to gain easy access through an open door or window. Ordinary household tools like screwdrivers, channel-lock pliers, small pry bars, and small hammers are most often used by burglars. Burglars continue to flourish because police can only clear about 13% of all reported burglaries and rarely catch the thief in the act.

Be Aware of Strangers

The MOST important thing You can do is CALL THE POLICE to report a CRIME or SUSPICIOUS activity. You have to be the eyes of your neighborhood. One common technique that a burglar will use to determine if a house is unoccupied is to knock on the front door. If someone answers, they will ask for directions or for an unknown person, then move on to another house. Be aware of strangers at your door. Call 911 and let's keep our neighborhood safe.

Doors and Locks

The first step is to harden the target or make your home more difficult to enter. Remember, the burglar will simply bypass your home if it requires too much effort or requires more skill and tools than they possess. Most burglars enter via the front, back, or garage doors. Experienced burglars know that the garage door is usually the weakest point of entry followed by the back door. The garage and back doors also provide the most cover. Burglars know to look inside your car for keys and other valuables so keep it locked, even when parked inside your garage. Use high quality locks on exterior doors to resist twisting, prying, and lock-picking attempts. A quality deadbolt lock will have a beveled casing to inhibit the use of channel-lock pliers used to shear off lock cylinder pins. A quality door knob-in-lock set will have a 'dead latch' mechanism to prevent slipping the lock with a shim or credit card.

The most common way used to force entry through a door with a wooden jamb is to simply kick it open. The weakest point is almost always the lock strike plate that holds the latch or lock bolt in place followed by a glass paneled door. The average door strike plate is secured only by the soft-wood doorjamb molding. These lightweight moldings are often tacked on to the door frame and can be torn away with a firm kick. Because of this construction flaw, it makes sense to upgrade to a four-screw, heavy-duty, high security strike plate. They are available in most quality hardware stores and home improvement centers and are definitely worth the extra expense. Install this heavy-duty strike plate using 3-inch wood screws to cut deep into the door frame stud. Use these longer screws in the knob lock strike plate as well and use at least one long screw in each door hinge. This one step alone will deter or prevent most through-the-door forced entries.

Be a Good Neighbor

Good neighbors should look out for each other. Get to know your neighbors on each side of your home and the three directly across the street. Invite them into your home, communicate often, and establish trust. Good neighbors will watch

out for your home or apartment when you are away, if you ask them. They can report suspicious activity to the police or to you while you are away. Between them, good neighbors can see to it that normal services continue in your absence by allowing vendors to mow your lawn or remove snow. Good neighbors can pick up your mail, newspapers, handbills, and can inspect the outside or inside of your home periodically to see that all is well. Good neighbors will occasionally park in your driveway to give the appearance of occupancy while you are on vacation.

Lighting

Interior lighting is necessary to show signs of life and activity inside a residence at night. A dark home night-after-night sends the message to burglars that you are away. Light timers are inexpensive and can be found everywhere. They should be used on a daily basis, not just when you're away. In this way you set up a routine that your neighbors can observe and will allow them to become suspicious when your normally lighted home becomes dark. Typically, you want to use light-timers near the front and back windows with the curtains closed. The pattern of lights turning on and off should simulate actual occupancy. It's also comforting not to have to enter a dark residence when you return home. The same light timers can be used to turn on radios or television sets to further enhance the illusion of occupancy.

Alarm Systems

Alarm systems definitely have a place in a home security plan and are effective, if used properly. The reason why alarms systems deter burglaries is because they increase the potential and fear of being caught and arrested by the police. The deterrent value comes from the alarm company lawn sign and from the alarm decals on the windows. Home and apartment burglars will usually bypass a property with visible alarm signs and will go to another property without such a sign.

Alarm systems need to be properly installed and maintained. Alarms systems can monitor for fire as well as burglary for the same price. All systems should have an audible horn or bell to be effective in case someone does break in. However, these audible alarms should be programmed to reset automatically after one or two minutes. The criminal got the message and will be long gone but your neighbors will have to listen to the alarm bell, sometimes for hours, until it is shut off. If you use a central station to monitor your alarm, make sure your response call list is up to date.

Windows

Windows are left unlocked and open at a much higher rate than doors. An open window, visible from the street or alley, may be the sole reason for your home to be selected by a burglar. Ground floor windows are more susceptible to break-ins for obvious reasons. Upper floor windows become attractive if they can be accessed from a stairway, tree, fence, or by climbing on balconies. Windows have latches, not locks and therefore should have secondary blocking devices to prevent sliding them open from the outside. Inexpensive wooden dowels and sticks work well for horizontal sliding windows and through-the-frame pins work well for vertical sliding windows. For ventilation, block the window open no more than six inches and make sure you can't reach in from the outside and remove the blocking device or reach through and unlock the door.

Operation Identification

This is a program supported by most police agencies. They recommend that you engrave your drivers' license, not your social security number, on televisions, stereos, computers, and small electronic appliances. They suggest this so they can identify and locate you if your stolen items are recovered. We suggest that you go way beyond this step

We recommend that you photograph your valuables in their locations around your home and make a list of the make, model, and serial numbers. This is very important for proof when filing insurance claims. You should keep this list in a safety deposit box or with a relative for safe keeping. Keep receipts of the larger items in case you need to prove the value of the items for insurance purposes.

Fun & Entertainment

*Sudoku and Crossword Answers appear in next issue

FREE CLASSIFIED
ADVERTISING
FOR CRESTWOOD
RESIDENTS!

CRESTWOOD RESIDENTS are invited to place free advertisements in the Crestwood Adviser. Free classified ads are offered to Village of Crestwood residents only and are limited to 20 words or less and can include information related to the following items:

- Garage Sales
Lost and Found
Large Appliances
Automobiles
Motorcycles
Boats and Trailers

NON-RESIDENTS AND AREA BUSINESSES can place classified advertisements for goods and services for just \$5.00 for twenty words under the following categories:

- Garage Sales
Appliance and Electronics Sales
Transportation
(Cars, Boats, Motorcycles)
Homes for Sale or Rent
Apartments for Sale or Rent
Employment Openings
Jobs Wanted

To place your classified ad
call 708-293-1430

Pretty Paws By Cindy
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Where your dog always receives a gentle touch!

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(N.E. Corner of 147th & Central)
Oak Forest, IL 60452
(708) 239 - 0404



First Time Customers!
\$7.00 off
and
FREE

Teeth Brushing
(Just mention this ad)
valued at \$12.00

Senior & Compromised dogs are our specialty!
www.prettypawsbycindy.weebly.com

SUDOKU

Fill in the grid with digits in such a manner that every row, every column and every 3x3 box accommodates the digits 1 – 9, without repeating any.

1		7						8
9	4		2		5			3
5				7				
			4			6	7	
			9		7			
	7	1			6			
				1				9
4			6		2		3	7
6						2		5

December
Sudoku Solution

4	6	1	9	7	8	3	5	2
9	2	5	1	6	3	8	7	4
3	7	8	2	4	5	6	9	1
5	4	6	3	1	7	2	8	9
7	1	9	8	5	2	4	6	3
2	8	3	6	9	4	5	1	7
8	9	4	7	3	6	1	2	5
6	5	7	4	2	1	9	3	8
1	3	2	5	8	9	7	4	6

December
Crossword Solution

T	O	M			J	E	T			P	A	W		
A	V	E	R		B	E	A	R	S		D	E	L	I
L	A	T	E		A	K	R	O	N		I	R	O	N
C	L	E	A	R	L	Y		T	I	S	S	U	E	S
			C	H	I	L	I		T	I	M			
S	T	A	T	E		L	T	D		P	A	M	P	A
T	R	U	S	T	Y		S	A	T		L	I	S	P
A	I	D		T	A	T		H	I	S		D	A	N
I	B	I	S		K	I	D		N	I	G	G	L	E
D	E	T	E	R		P	I	N		E	D	E	M	A
			V	O	W		G	U	A	V	A			
W	I	R	E	T	A	P		A	G	E	N	D	A	S
H	O	U	R		C	A	R	N	E		S	O	I	L
O	W	N	S		S	P	E	C	S		K	U	D	U
M	A	T				A	V	E				R	E	M

1	2	3	4			5	6	7			8	9	10
12					13				14			15	
16					17						18		
	19			20				21		22			
			23				24		25				
26	27	28				29		30		31		32	33
35					36		37		38		39		
40				41		42				43		44	
45			46		47				48		49		
50				51		52		53		54			
			55		56		57		58				
	59	60			61		62				63	64	
65					66		67				68		
70					71						72		

ACROSS

- 1 Saucer
5 Poisonous snake
8 Fall
12 Resound
13 Dimwit
15 American state
16 Look
17 Lines
18 Male children
19 "Origin of the Species" author
21 Women
23 Desert pond
25 Pastor (abbr.)
26 Bright

29 Transgression

- 31 Dried coconut
35 Express emotion
37 Shirt protector
39 River dam
40 Self-esteem
41 Shroud
44 Pressure unit
45 Hit
47 Sticky black substance
48 Slants
50 ___ cotta (clay)
52 Snip
54 24 identical sheets of paper
55 Moose relative
57 Predict from an omen
59 Caged (2 wds.)
62 Setting the ball on the pea

65 Garbed

- 66 Formal statement
68 Racoon's nickname
70 Ecological communities
71 Higher
72 Lanky
73 Lofty
74 Downhearted
75 Women's magazine

DOWN

- 1 Delaware
2 Type of tea
3 Popular stadium
4 Rust
5 Persephone's lover
6 Drink slowly
7 Sonnet

8 Deny

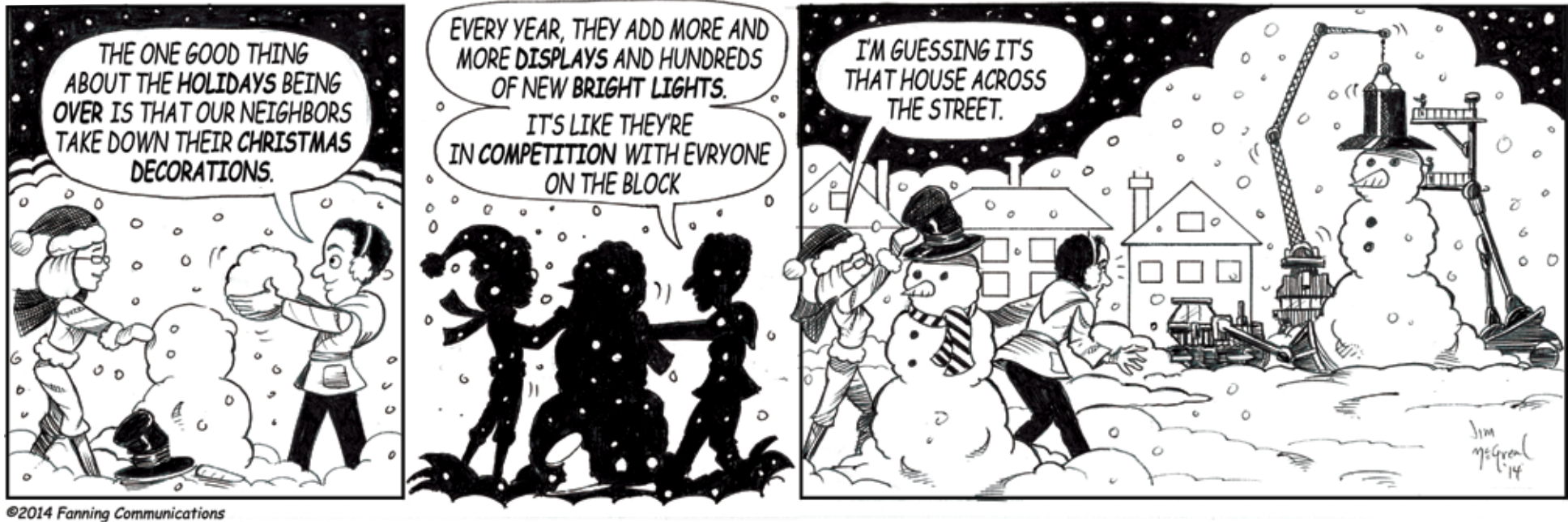
- 9 Bed or bath ending
10 Has
11 Old-fashioned Dads
13 Bulb flower
14 Russian ruler
20 Cowboy John
22 December
24 Frozen Russian area
26 Sanctified
27 Cliff dwelling bird
28 'love' (Italian)
30 Zero
32 Cola
33 Bleacher
34 Get up
36 Dynamite

38 Bow

- 42 Wheeled vehicle
43 Offend
46 Beowulf's foe
49 Earlike part
51 Alternative (abbr.)
53 Hit a golf ball
56 Antelope
58 Camping equipment
59 Entreaty
60 Royalty
61 Small fruit seeds
63 Christmas carol
64 Destination
65 Clock time
67 Accountant
69 Compass point

Crestwood's very own ongoing strip,...

94 South by Jim McGreal



SPORTS



ASTROS CHEERLEADERS TAKES TROPHY

Here's the varsity cheerleading team and their first place trophy from last weekend. The Astros won the title in the Co-Ed Division at Lincoln-Way North High School. Congratulations again to coach Colleen Sands and our students!



Registration for 2014 Season

GIRLS 7-18
Thursdays Jan. 9th & 23rd, and
Tuesday Jan. 14th From 6:00pm – 7:30pm

At The Crestwood Recreation/Wellness Center
5331 W. 135th Street

(New girls bring copy of birth certificates)
Your League age is your age on Jan. 1, 2014

Fee for the Season: \$175
Due at Registration: \$125
(\$25 late fee added after Feb.15th)
Price for 2 Fastpitch children \$275, \$325 for 3
There will also be fundraisers during the season

Check us out on Facebook at Crestwood Fastpitch Association
(more information call 597-1940 or Bmadr@aol.com)

There will be general indoor practices starting in January
Regular outdoor team practices start in March, weather permitting.
Season runs mid April to mid June



Our teams normally have between 11 and 15 girls on each team. We try to keep former team mates together as they move up in age, and we try to keep friends together, but no gaurentees

Our Coaches understand that the players are children that should be taught and encouraged, not singled out and humiliated, that each player is given at least 2 innings in the field and encouraged to try different positions, (length of game & safety could affect both these things).

Coaches are expected to exhibit and encourage good sportsmanship at all times, and to encourage each player to do their best and support their team mates. And, that even though, we are trying to win games, that winning isn't everything. We are teaching girls to play a game and showing them how much fun it is to play.

CONGRATULATION To The Girls Swim Team

Congratulations to the Girls Swimming and Diving team on their 4th place finish at the Red Division Conference this past Saturday by both Varsity and JV levels. A conference championship win was achieved by freshman Annie Rangel in the 200 freestyle. 2nd place finishes were won by Annie in the 100 butterfly and the 200 and 400 free relays with Joanna Rangel, Becca Gleich, Mary Lippert, Grace Spindler, Hannah Vasil, and Annie Rangel. A 3rd place finish went to Becca Gleich in the 500 freestyle also. Great job girls as you prepare for the state IHSA Sectional meet in two weeks.

Maier Qualifies for State

Congratulations to Josh Maier who qualified for State at the Sectional Boys Cross Country Meet hosted by Hinsdale Central on Saturday, November 2nd. Josh placed 6th out of 147 Runners, with a school record time of 14 minutes and 49 seconds. Because of Josh's accomplishments, he was featured in the Southtown.



U.S. ARMY ALL AMERICAN BOWL YOU'VE BEEN SELECTED...

To watch Marist's very own Nic Weishar '14 compete

Marist High School
Saturday, January 4, 2014
11:30am–2:30pm

All 6th, 7th & 8th graders are invited to enjoy the game,
pizza, contests, raffles and giveaways!
Call 773.881.5302 or email hogan.patrick@marist.net to reserve a spot.

Only 90 high school seniors in the nation are selected to play in this East vs. West showdown.
More than 200 alumni of the Bowl are now in the NFL. The game will be live on NBC.



Marist High School 4200 W 115th St Chicago, IL 60655 773.881.5330 www.marist.net
Meet Marist Friday, January 10, 2014 6:30-8pm **Entrance Exam** Saturday, January 11, 2014 8am